



# KAIRALY NEUROSCIENCES SOCIETY

Presents

# KAYALORAM

BRAINWAVES BY THE BACKWATERS 2026

**THE ANNUAL CONFERENCE OF KAIRALY NEUROSCIENCES SOCIETY**  
(NEUROLOGICAL SOCIETY OF INDIA KERALA CHAPTER)

In association with



&

**SMRITHI**

(A Charitable Trust of Kottayam  
Neurosurgery Alumni)

**Feb 27 – Mar 1, 2026**

BACKWATER RIPPLES, KUMARAKOM

[www.kayaloram2026.com](http://www.kayaloram2026.com)

It is our great pleasure to welcome you and your family to KAYALORAM 2026 – “Brainwaves by the Backwaters” from February 27 to March 1, 2026, in the enchanting setting of Kumarakom, Kerala - a destination renowned for its tranquil backwaters, lush landscapes and rich cultural heritage.

The choice of Kumarakom, along the shores of Vembanad Lake, as our venue reflects our belief that inspiring surroundings enhance thoughtful dialogue and creative exchange. The gentle rhythms of the backwaters, the greenery and the warmth of local hospitality together encourage professional interaction as well as moments of personal renewal.

Complementing this exceptional location is a carefully designed program of high-quality academics and interactive sessions. Each session has been curated to offer depth, relevance, and practical insight, fostering stimulating discussions and knowledge sharing.

Looking forward to hosting you to an enriching conference experience that blends intellectual rigor with the natural elegance of Kumarakom.



**DR IPE V GEORGE**  
Organising Chairman



**DR TINU RAVI ABRAHAM**  
Organising Secretary



**DR JOSEPH SEBASTIAN**  
Joint Secretary



**DR ABDUL RAHIM SHAAN**  
Treasurer





## Academic Committee- Neurosurgery

Chairman : **Dr Jijo Joseph Joseph**

Members :

**Dr Sareesh Kumar    Dr Philip Issac    Dr Shyam B**  
**Dr Sajan MG    Dr Chithra Thomas    Dr R Rajeev**

## Program Committee- Neurology

**Dr Arun George    Dr Lijo James    Dr Josy J Vallippalam**  
**Dr Biju K Alexander    Dr Guruprasad**

## Program Committee- Neurosurgery

**Dr Khalil Isaac Mathai    Dr Vijayakumar Menon    Dr Tom Jose**  
**Dr Harris TP    Dr Amritha Subramanian    Dr Sreehari**  
**Dr Archith PK    Dr Sharon Das    Dr Vaisakh S    Dr George Antony**

## Finance Committee

**Dr Joseph Sebastian    Dr Abdul Rahim Shaan    Dr Tinu Ravi Abraham**

## Registration and Travel

**Dr Tom Jose    Dr Chithra Thomas    Dr Nandu Unnikrishnan**  
**Dr Abdul Basith    Dr Mark Mathew Mohan**



## Patrons

**Dr C A Rajan**  
**Dr M Madhusudhanan**  
**Dr K Mahadevan**  
**Dr Mathew Cherian**

**Dr B Ekbal**  
**Dr K Jayakumar**  
**Dr Pushkala S**  
**Dr Gracykutty Mathew**

## Convenors

**Dr P K Balakrishnan**

**Dr Satheesh Chandra S**

## KNS Patrons

**Dr Rajasekharan Nair**

**Dr P Sreekumar**

**Dr Mohanlal D**

## KNS Officials

**Dr James Jose**  
President

**Dr Arun Oommen**  
Hon. Secretary

**Dr Soumya C V**  
Treasurer

## Academic Committee- Neurology

Chairman : **Dr Mathew Jose**

Members :

**Dr Beena Vijayan**   **Dr Vysakha K V**   **Dr Deepak Devarajan**  
**Dr Rohit Ramkumar**   **Dr Sreejith Ravi**   **Dr Jemini George**   **Dr Sajeesh S R**







# NEUROLOGY



# PRECONFERENCE WORKSHOPS

FEB 27, 2026

VENUE : CARITAS HOSPITAL & INSTITUTE OF HEALTH SCIENCES,  
THELLAKOM, KOTTAYAM

- Total slots – 50 for each workshop
- Participation on first come, first serve basis
- Registration for workshop is mandatory

## WORKSHOP-1

0900 – 1300

### ELECTROPHYSIOLOGY : MOVING BEYOND BASICS AND TROUBLESHOOTING

TOPIC	FACULTY
NCS	<b>Dr Jemini George</b> Consultant Neurologist, Mar Sleeva Medicity, Pala
EMG	<b>Dr Gopikrishnan U</b> Assistant Professor of Neurology, Amrita Institute of Medical Sciences, Kochi
RNS	<b>Dr Vineetha V S</b> Associate Professor of Neurology, Government Medical College, Trivandrum
SFEMG	<b>Dr Sruthi S Nair</b> Additional Professor of Neurology, SCTIMST, Trivandrum

#### PANEL DISCUSSION



DR. JEMINI GEORGE



DR GOPIKRISHNAN U



DR VINEETHA V S



DR.SRUTHI S NAIR



1300 – 1400

LUNCH



## WORKSHOP-2 1400 – 1600

### APPLICATIONS OF BOTULINUM TOXIN : A SKILL- BASED WORKSHOP

TOPIC	FACULTY
Introduction to Botulinum toxin – practical aspects	<b>Dr Ajith Cherian</b> Professor of Neurology, SCTIMST, Trivandrum
BoNT in HFS	<b>Dr Parameswaran K</b> Head of Neurology, Indo American Hospital, Vaikom
BoNT in Blepharospasm and Jaw Dystonia	<b>Dr Asish Vijayaraghavan</b> Assistant Professor of Neurology, SCTIMST, Trivandrum
BoNT in Cervical Dystonia	<b>Dr Udit Saraf</b> Assistant Professor of Neurology, Amrita Institute of Medical Sciences, Kochi
BoNT in Headache and Spasticity	<b>Dr Divya K P</b> Additional Professor of Neurology, SCTIMST, Trivandrum



DR AJITH CHERIAN



DR PARAMESWARAN K



DR ASISH VIJAYARAGHAVAN



DR UDIT SARAF



DR DIVYA K P



1600 - 1615	TEA
1830 – 1930	<b>QUIZ PRELIMS (HALL A, BACKWATER RIPPLES, KUMARAKOM)</b> <b>QUIZ MASTERS – DR Sajeesh S R, Dr Chithra Thomas</b> 25 MCQs each for Neurology and Neurosurgery Residents The top 5 Neurology residents will pair with the top 5 Neurosurgery residents, randomly by lots to make 5 teams for the final round
	<b>WELCOME DINNER WITH LIVE VIOLIN MUSIC</b>

DAY – I : SATURDAY, FEB 28

## SCIENTIFIC SCHEDULE -NEUROLOGY

VENUE : HALL A, ( Dr Sanjeev Thomas Hall ) BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

### 0900 – 1100: CLINICAL ASPECTS

Time	Topic	Speakers	Chair
0900 – 0920	Decoding frontal lobe epilepsy: A semiology driven treasure hunt	Dr Sachin Suresh Babu	Dr Sanjeev V K Dr K Parameswaran
0920 – 0940	Nystagmus simplified	Dr Jacob Geroge	
0940 – 1000	Strategy for refractory status epilepticus- choosing anti-seizure and anesthetic infusion	Dr Siby Gopinath	

### 1005 – 1105: MANAGEMENT

1005 - 1025	Encephalitis - Amoebic puzzle	Dr Aravind R	Dr Chitra Mukesh Dr P C Gilvaz
1025 – 1045	Recent advances in immunotherapy thinking beyond Rituximab	Dr Sudheeran Kannothe	
1045 - 1105	Dreams and brain	Dr Sreeram Prasad A V	

1105 – 1115 : TEA

### 1115 – 1225: WHATS NEW!

1115 - 1135	Antiepileptic. What has changed in the last decade.	Dr Neetha Balram	Dr Suresh Kumar Dr Mathew Jose
1135 – 1155	Management of MS and demyelinating disorders in pregnancy	Dr Shaji C V	
1205 – 1225	Migraine- Newer treatments	Dr. Reji Thomas	

### 1230 – 1315: ADVANCEMENTS

1230 - 1255	Beyond antiplatelets and statin- update on secondary prevention	Dr Vivek Nambiar	Dr Murali Krishnan Dr Reghunath B
1255 - 1315	DBS Demystified: From Bedrock to Breakthroughs	Dr Vysakha K V	

1315 – 1445 : LUNCH

### COMMON SESSIONS

#### 1500 – 1600: GENERAL BODY

#### 1600-1700 PLENARY SESSION ON MOVEMENT DISORDERS

1600 – 1630	Apraxia decoded	Dr Syam K, Professor of Neurology, SCTIMST, Trivandrum	Dr Joseph Sebastian
1630 – 1700	Steering the Cure : Optimising Dystonia Outcomes with Deep Brain Stimulation	Dr Krishna Kumar K, Professor of Neurosurgery, SCTIMST, Trivandrum	Dr PradeepKumar V G
1700 – 1800	INAUGURATION		
1800 – 1900	QUIZ FINALS Attractive cash prizes to be won!!		
1900	GALA DINNER AND MUSICAL NITE		



## DAY II: SUNDAY MAR 1

### SCIENTIFIC SCHEDULE -NEUROLOGY

VENUE : HALL A, ( Dr Sanjeev Thomas Hall ) BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

Time	Topic	Speakers	Chair
0900 – 0920	Movement disorder emergencies	Dr V T Haridas	Dr Sujith A N Dr Mathew Abraham Dr Nirmal Raj
0920 – 0940	Myaesthesia mimics	Dr Madhusudhanan M	
0940 - 1000	Nodopathy and Paranodopathies..	Dr Bobby Varkey	

1000 – 1030 : TEA

### COMMON SESSIONS

1045 – 1130	ORATION I PRESIDENTIAL ORATION	Dr James Jose, President KNS, Director, Rivira Institute of Neurology, Former Professor and HOD, Department of Neurology, Government Medical College, Calicut
1130 – 1215	ORATION II DR. SAMBASIVAN MEMORIAL ORATION	Dr. Sankar V H MD,DCH,MNAMS, FIAP, DM (Medical Genetics) Professor, Department of Medical Genetics, SATH, Government Medical College, Trivandrum
1215 – 1300	COMMON HOUR	
1300	VALEDICTORY FUNCTION AND PRIZE DISTRIBUTION, FOLLOWED BY LUNCH	



A close-up, high-angle shot of a neurosurgeon wearing a blue surgical cap and mask, focused on a procedure. The surgeon's hands are visible, holding surgical instruments. The background is a deep blue with a subtle geometric pattern of dots and lines. The word "NEUROSURGERY" is overlaid in bold yellow text.

# NEUROSURGERY



# PRECONFERENCE WORKSHOPS

FEB 27, 2026

VENUE : HALL A, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

## WORKSHOP - I

0800 – 1300

### LIVE NEUROSURGERY WORKSHOP ON INTERLAMINAR APPROACH

Time	Topic	Faculty
0800 – 0900	INTRODUCTION TO INTERLAMINAR APPROACH	<b>Dr. Ajith R</b> Sr. Consultant Neurosurgeon, KIMSHealth, Trivandrum <b>Dr Tinu Ravi Abraham</b> Professor of Neurosurgeon, Government Medical College, Kottayam
0900 – 1300	LIVE OPERATIVE SESSION (LIVE STREAMING TO VENUE FROM GOVERNMENT MEDICAL COLLEGE, KOTTAYAM)	<b>Dr Navas N S</b> Sr. Consultant Neurosurgeon, KIMSHealth, Trivandrum <b>Dr Abu Madan</b> Sr Consultant Neurosurgeon, KIMSHealth, Trivandrum <b>Dr Philip Issac</b> Associate Professor of Neurosurgery, Medical College, Kottayam



DR AJITH R



DR TINU RAVI ABRAHAM



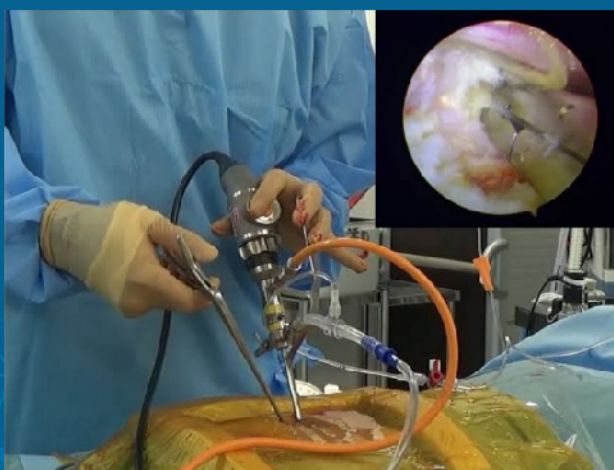
DR NAVAS NS



DR ABU MADAN



DR PHILIP ISSAC



1300 – 1400 : LUNCH

## WORKSHOP - II

1400 – 1600

### ENDOVASCULAR SIMULATION WORKSHOP

VENUE : HALL A, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM



**DR SREEHARI N R**



**DR IPE V GEORGE**



**DR SAREESH KUMAR M K**



**DR ABDUL RAHIM SHAAN**

#### Faculty

##### **Dr Sreehari N R**

Additional Professor of Neurosurgery  
Amrita Institute of Medical Sciences, Kochi

##### **Dr Ipe V George**

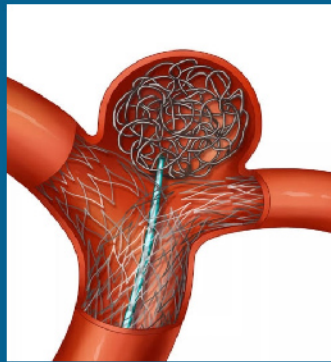
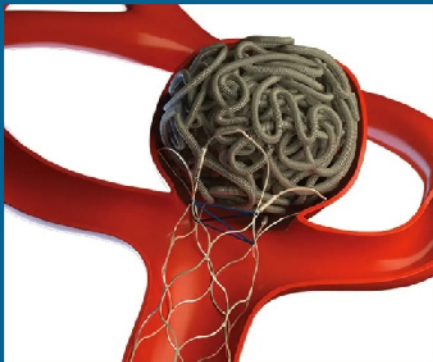
Senior Consultant and HOD, Neurosurgery  
Caritas Hospital and Institute of Health Sciences, Kottayam

##### **Dr Sareesh Kumar M K**

Senior Consultant and HOD Neurosurgery  
Mar Sleevea Medicity, Pala

##### **Dr Abdul Rahim Shaan**

Consultant, Neurosurgeon  
Caritas Hospital and Institute of Health Sciences, Kottayam



**Intake: 30 delegates only in the Neurosurgery workshop II**

<b>1600 - 1615</b>	<b>TEA</b>
<b>1830 – 1930</b>	<b>QUIZ PRELIMS</b> <b>QUIZ MASTERS – DR Sajeesh S R, Dr Chithra Thomas</b> 25 MCQs each for Neurology and Neurosurgery Residents The top 5 Neurology residents will pair with the top 5 Neurosurgery residents, randomly by lots to make 5 teams for the final round
	<b>WELCOME DINNER WITH LIVE VIOLIN MUSIC</b>



**DAY – I : SATURDAY, FEB 28**

**SCIENTIFIC SCHEDULE**

**VENUE : HALL B, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM**

**0700 – 0800 FREE PAPER PRESENTATION**

**0815- 0930: SESSION B1  
INVITED TALKS**

Time	Topic	Speakers
0815 – 0825	Surgery on eloquent cortex	Dr. Biji Bahuleyan, Caritas, Kottayam
0825 – 0835	Evidence on cervical disc arthroplasty	Dr. Abhishek V, gmc, Trivandrum
0835 – 0845	TEES : Experiences and technical essentials	Dr. Rajeew M P, Meitra Hospital, Calicut
0845 – 0855	State of art: Pediatric craniofacial surgery and its future	Dr. Suhas Udayakumaran, AIMS, Kochi
0855 – 0905	Operative techniques in scoliosis	Dr. Sanu Vijayan, Lissie Hospital, Ernakulam

**0905 – 0930 : Discussions**

**0930 - 1045: SESSION B2  
INVITED TALKS**

Time	Topic	Speakers
0930 – 0940	Surgery for vestibular schwannoma	Dr. Jyothish L S, GMC, Trivandrum.
0940 – 0950	AI in Neurosurgery	Dr. S. S. Dandepani, PGI, Chandigarh
0950– 1000	Complication avoidance in redo spine surgeries	Dr. Arun T Jacob, Northeast Georgia Medical Centre, USA
1000 – 1010	Dorsal column neuromodulation for paraplegia	Dr. Ravi Gopal Verma, Aster CMI, Bangalore
1010 – 1020	Chiari malformations : Current concepts	Dr. Sudish Karunakaran, VPS Lakeshore, Kochi

**1020 – 1045 : Discussions**

**1045 – 1055 : TEA**

**1055 – 1200 SESSION B3  
INVITED TALKS**

Time	Topic	Speakers
1055– 1105	Minimally invasive approaches to intracranial lesions	Dr. Biju Bhadran, GMC, Trivandrum
1105– 1115	Advances in computational simulations of brain aneurysms	Dr. Jayanand Sudhir, Yashoda Hopsital, Hyderabad
1115– 1125	Management of tight brain during aneurysm surgery	Dr. Raja K Kutty, GMC, Trivandrum
1125 - 1135	Combined EEA and ETOA to pituitary tumours	Dr. Ajith R, KIMSHealth, Trivandrum

**1135 – 1200 : Discussions**

**1200 – 1315 SESSION B4  
INVITED TALKS**

Time	Topic	Speakers
1200 – 1210	Endovascular management of distally located aneurysms	Dr. Sreehari, AIMS, Kochi
1210– 1220	Precision with minimal access in anterior circulation aneurysms	Dr. Prasanth Asher, GMC, Trivandrum
1220– 1230	Complete brachial plexus injury – What is the outcome? Neurosurgeon's perspective	Dr. Ketan Desai, P D Hinduja Hospital & MRC, Mumbai
1230 – 1240	Management of thoraco-lumbar burst fractures	Dr. Raju Paul Manjooran Pushpagiri Medical College, Tiruvalla
1240 – 1250	Paediatric C1- C2 fixation: My experience	Dr. Sunil Kumar B S, GMC, Trivandrum

**1250 - 1315: Discussions**

**VENUE: HALL C, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM**

**0700 – 0800 AWARD PAPER SESSION**

**0815 – 0915 SESSION C1  
INVITED TALKS**

Time	Topic	Speakers
0815 – 0825	Shunt outcomes in NPH	Dr. Ravya R S , Ananthapuri Hospital, Trivandrum
0825 – 0835	PELD	Dr. Razvi Razi, Aster MIMS, Kottakkal
0835 – 0845	Hybrid neurosurgery	Dr. Mohamed Amjad Jamaluddin, KIMS Valyath Hospital, Karunagappally
0845 – 0855	IIH presenting as CSF rhinorrhoea –management protocol	Dr. Jeena Joseph, CMC, Vellore

**0855 - 0915: Discussions**



**0915 – 1015 SESSION C1  
INVITED TALKS**

Time	Topic	Speakers
0915- 0925	Developing high end neurosurgery in periphery – my experience.	<b>Dr. Sajith S</b> , Vijayas Hospital, Kottarakkara
0925 – 0935	Neurological differentials for neurosurgical cases	<b>Dr. Anoop Verma</b> , St Mary's Hospital, Thodupuzha
0935-0945	Simplifying complicated spine fixation with O-arm guided navigation	<b>Dr Ajay Kumar Ajanvi</b> , VPS Lakeshore, Kochi
0945 – 0955	UBE – The future of endoscopic spine surgery	<b>Dr. Akhil Sunil</b> Travancore Medical College, Kollam
0955 - 1015: Discussions		

**1315 – 1445      LUNCH**

**COMMON SESSIONS**

**1500 – 1600: GENERAL BODY**

**1600-1700 PLENARY SESSION ON MOVEMENT DISORDERS**

1600 – 1630	Apraxia decoded	<b>Dr Syam K</b> , Professor of Neurology, SCTIMST, Trivandrum	<b>Dr Joseph Sebastian</b>
1630 – 1700	Steering the Cure : Optimising Dystonia Outcomes with Deep Brain Stimulation	<b>Dr Krishna Kumar K</b> , Professor of Neurosurgery, SCTIMST, Trivandrum	<b>Dr PradeepKumar V G</b>
1700 – 1800	INAUGURATION		
1800 – 1900	QUIZ FINALS		
1900	GALA DINNER AND MUSICAL NITE		



## DAY II: SUNDAY MAR 1

### SCIENTIFIC SCHEDULE

VENUE: HALL B, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

#### 0700 – 0800 PG PAPER PRESENTATION

#### 0800 – 0945 SESSION B5 : VIDEO SESSION

Time	Topic	Speakers
0800 – 0812	Radical excision of paediatric lipomyelomeningocele: Surgical technique and outcomes	Dr. Akhil Mohan, ASTER Medcity, Kochi
0812– 0824	ALA guided glioma resection	Dr. Lemin Mohan, MCC, Thalassery
0824– 0836	GPI: a novel target for DBS in Parkinson's Disease	Dr. Arjun Chacko, Rajagiri Hospital, Aluva
0836 – 0848	Intralesional total spondylectomy for thoracic vertebral tumours	Dr. Ganesh Divakar, SCTIMST, Trivandrum
0848 – 0900	Cisternostomy	Dr Iype Cherian, Parul Institute of Medical Sciences and Research
0900 – 0912	Endonasal resection of a large skull base chondrosarcoma.	Dr Prakash Nair, SCTIMST, Trivandrum
0912 – 0924	Clipping of giant coiled aneurysm	Dr Girish Menon, S P Medifort, Trivandrum
0924 - 0945: Discussions		

#### 0945 – 1040 SESSION B6 INVITED TALKS

Time	Topic	Speakers
0945 - 1000	Integrating fMRI-DTI and IONM in insular tumours – triangle of safety	Dr. Jagathlal, Rajagiri Hospital, Aluva
1000– 1015	Surgery for brainstem cavernomas	Dr. Parasuraman, AIMS, Kochi
1015 - 1025	Surgical management for pineal region tumours	Dr. Mathew Abraham, Lissie Hospital, Ernakulam
1025 – 1040 : Discussions		



## COMMON SESSIONS

1045 – 1130	<b>ORATION I PRESIDENTIAL ORATION</b>	<b>Dr James Jose, President KNS,</b> Director, Rivira Institute of Neurology, Former Professor and HOD, Department of Neurology, Government Medical College, Calicut
1130 – 1215	<b>ORATION II DR. SAMBASIVAN MEMORIAL ORATION</b>	<b>Dr. Sankar V H</b> MD,DCH,MNAMS, FIAP, DM (Medical Genetics) Professor, Department of Medical Genetics, SATH, Government Medical College, Trivandrum
1215 – 1300	<b>COMMON SESSION</b>	
1300	<b>VALEDICTORY FUNCTION AND PRIZE DISTRIBUTION, FOLLOWED BY LUNCH</b>	



## QUIZ

PRELIMS (FEB 27)

FINALS (FEB 28)

- Registration for conference is mandatory for participation.
- Top 5 residents in preliminary round will team up with top 5 neurosurgery residents to make teams for the final round. Teams will be decided based on lots.

## DEBATE FOR RESIDENTS

Mar 1, Sunday

DETAILS WILL BE MADE AVAILABLE SOON

## E POSTER AND E PAPER

(Feb 28 to Mar 1, 2026)

- KNS membership is also mandatory. Pls visit website [www.nsikc.com](http://www.nsikc.com)
- Acceptance of abstract as e-poster or e-paper is subject to evaluation by Academic Committee.
- Decision of Academic Committee is final.
- Abstracts are to be uploaded using link in the official website ([www.kayaloram2026.com](http://www.kayaloram2026.com)).

## ABSTRACT SUBMISSION DEADLINES

Submission of abstract	1/12/25 to 31/01/26
Confirmation of abstract acceptance	By 10/2/26
Last date of submission of final poster/ paper	15/2/26

Please login to [www.kayaloram2026.com](http://www.kayaloram2026.com) for abstract registration.

For any workshop queries contact : Dr Rohit Kumar, KIMS Kottayam +91 94963 21482



## REGISTRATION FEE

Category	Topic	Early Bird till 31st January	1st Feb onwards
Neurology Workshop I	Electrophysiology Moving Beyond Basics and Troubleshooting	2000	2500
Neurology Workshop II	Applications of Botulinum Toxin: A Skill Based Workshop	2000	2500
Neurology Workshop I & II	Combined	2500	3500
Neurosurgery Workshop I	Live Neurosurgery	2000	2500
Neurosurgery Workshop II	Endovascular Simulation	2000	2500
Neurosurgery Workshop I & II	Combined	2500	3500
Conference Only- PG		1500	2000
Conference Only -Consultant		3000	3500



pls login to  
[www.kayaloram2026.com](http://www.kayaloram2026.com)  
 contact for Assistance: 8848322010

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THE ANNUAL CONFERENCE OF KAIRALY NEUROSCIENCES SOCIETY

(NEUROLOGICAL SOCIETY OF INDIA KERALA CHAPTER)

Conference Secretariat

Kayaloram 2026, C/o Dr Ipe V George

Organising Chairman & Senior Consultant Neurosurgeon, Department of Neurosciences,  
 Caritas Hospital & Institute of Medical Sciences, Kottayam.

[kayaloram2026@gmail.com](mailto:kayaloram2026@gmail.com)

[www.nsikc.com](http://www.nsikc.com)

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